

EASO COMs Summit: 18 - 19 October 2017
Vestfold Hospital Trust / Quality Hotel Tønsberg, Tønsberg, Norway
Programme Agenda

Day 1: Wednesday 18 October 2017

Session 1: Welcome and Introductions (Joint Session)

- 1300 hrs: Coffee and registration
1315 hrs: Welcome from Meeting Hosts
1330 hrs: Roundtable introductions

Session 2: Hot Topics in Obesity Management and Maintenance of Weight-loss (Joint Session)

Chair: Jøran Hjelmæsæth (Tønsberg, Norway)

- 1345 hrs: Mechanisms of weight regain after weight-loss treatment

TBA

- 1415 hrs: How to improve weight maintenance after weight-Loss treatment
Luca Busetto (Padova, Italy)

- 1445 hrs: Drugs and Behaviour: what we know, what we don't know.
Carl Roberts (Liverpool, UK)

- 1515 hrs: Facilitating health behaviour using information technology and Social networking -eHealth
Lise Solberg Nes (Oslo, Norway)

1545 hrs: **Coffee Break**

Session 3: Research Opportunities

Chair: Gunnar Mellgren (Bergen, Norway)

- 1615 hrs: Research recommendations: Thorough phenotyping, larger integrated biobanks, and national and international healthcare quality registries
Gunnar Mellgren / Jørn Sagen (Bergen, Norway)

- 1645 hrs: OMTF Clinical Practice recommendations for post-bariatric medical management
Dror Dicker (Petach-Tikva, Israel)

- 1715 hrs: Research Update: news from COMs Members and discussion
Post Bariatric Surgery Alcoholism
Jason Halford (Liverpool, UK)

Session 4: Industry Networking (Joint Session)

Chair: Jason Halford (UK)

- 1745 hrs: Opportunities for COMs Collaboration
Industry Introduction 1: **TBA**
Industry Introduction 2: **TBA**

- 2000 hrs: Networking Dinner

Day 2: Thursday 19 October 2017

Session 5: Guidance and Controversies (Joint Session)

Chair: Volkan Yumuk (Turkey)

0830 hrs: Time to re-think non-surgical approaches in obesity management.
Mike Lean (Glasgow, UK)

0900 hrs: The role of artificial sweeteners in weight management
Kees de Graaf (Wageningen, Netherlands)

0930 hrs: Ethical dilemmas in obesity prevention, management and research – Do No Harm and Nothing about us without us
Arya M. Sharma (Edmonton, Canada)

1015 hrs: **Coffee Break**

Session 6: Hot Topics in Obesity Management and Research (Adult COMs Section)

Chair: Dag Hofsvang (Tønsberg, Norway)

1045 hrs: Long-term incidence and remission of hypertension, diabetes and dyslipidemia in patients treated for severe obesity – an evaluation of the effects of surgical and medical weight-loss treatments in a large Norwegian cohort.
Gunn Signe Jakobsen (Tønsberg, Norway)

1115 hrs: Gastroesophageal reflux disease after laparoscopic sleeve gastrectomy: an underestimated long-term complication?
Torsten Olbers (Gothenburg, Sweden)

1145 hrs: **Coffee Break**

1200 hrs: The relation between gallstone disease, non-alcoholic fatty liver disease and obesity. How does surgical induced weight loss impact on this relation?
TBC

1230 hrs: Management of obesity through modulation of gut microbiota – an overview of the prospects and challenges
Fredrik Bäckhed (Gothenburg, Sweden)

Session 6: Lessons from Daily Clinical Practice (Paediatric COMS Section)

Chair: TBA

1045 hrs: What's new in childhood obesity and what do we still need to establish?
Carl-Erik Flodmark (Lund, Sweden)

1105 hrs: Out-patient clinic-based treatment of children and adolescents with obesity – experiences and 1-year results from three different Norwegian out-patient clinics
Samira Lekhal, Rønnaug Ødegaard and Petur B. Juliusson (Tønsberg/Trondheim/Bergen, Norway)

1125 hrs: Towards improved lifestyle treatment of children and adolescents with severe obesity
Petur Juliusson (Bergen/Tønsberg, Norway)

1145 hrs: **Coffee Break**

1200 hrs: Bariatric surgery in adolescents – results and experiences from the 4XL and AMOS studies
Representative from Morbid Obesity Centre (Tønsberg, Norway) and Kajsa Järholm (Lund, Sweden)

1230 hrs: Should bariatric surgery be performed in adolescents? Time for development of an EASO COMs Summit consensus statement?
Thomas Reinehr (Datteln, Germany)

1300 hrs: Lunch

Session 7: Dissemination of knowledge, behavioural economics and Discussion (Joint session)

Chair: **TBA**

1400 hrs: From knowledge to action
Samira Lekhal (Tønsberg, Norway)

1430 hrs: Evidence-based behavioural food policies – how consumers are influenced by
behavioural interventions
Knut-Ivar Karevold (Oslo, Norway)

1500 hrs: Discussion

1530 hrs: Summing Up and Close